# COLLEGE OF SCIENCE & ENGINEERING RESUME GUIDE





# **VERBS**

If experience is ongoing, use the present tense of these verbs. No "ing". When describing past experience, verbs should be in past tense "ed".

Activate	Establish	Predict
Adapt	Evaluate	Prepare
Advise	Expand	Present
Analyze	Facilitate	Preserve
Apply	Familiarize	Process
Assess	Gain	Program
Assist	Generate	Project
Attain	Guide	Quantify
Author	Identify	Reason
Budget	Implement	Recommend
Calculate	Improve	Research
Change	Improvise	Review
Collaborate	Increase	Revise
Communicate	Inform	Select
Compile	Initiate	Shadow
Complete	Innovate	Specify
Conceptualize	Institute	Stimulate
Conduct	Instruct	Strengthen
Consult	Integrate	Structure
Contribute	Interpret	Study
Coordinate	Inventory	Suggest
Counsel	Investigate	Summarize
Create	Lead	Supervise
Critique	Maintain	Supply
Decrease	Manage	Support
Delegate	Measure	Survey
Demonstrate	Mediate	Teach
Design	Mentor	Train
Detail	Model	Transcribe
Determine	Monitor	Transfer
Develop	Observe	Translate
Diagnose	Organize	Transmit
Direct	Oversaw	Treat
Discover	Perform	Tutor
Display	Pilot	Update
Educate	Plan	Verify

# Sample Biology Resume

# Ben Nguyen | 1500 South Hudson | Fort Worth, TX 76129 | b.nguyen@tcu.edu | 817-555-5555

#### **Education**

TEXAS CHRISTIAN UNIVERSITY, Fort Worth,

TX Bachelor of Science in Biology, May 2018

Major GPA: 3.7

#### Study Abroad

TCU TROPICAL RESEARCH STATION, San Ramon, Costa Rica

January-May 2018

- Collaborated with local community groups to conduct research focused on conservation and sustainability
- Collected plant samples from rainforest and conducted laboratory testing

## **Skills**

- Conversational Spanish
- Experienced conducting scientific research and using technical writing
- Proficiencies with pH probes, Ion Chromatography, and Mercury Analyzer from independent study
- Total Organic Carbon Analyzer, Dissolved Oxygen Probes, and UV Spectrophotometer in coursework

## **Relevant Experience**

TCU RECYCLING INITIATIVE, Fort Worth, TX

December 2016-Present

Co-Project Manager

- Advocated for greater sustainability efforts across campus through peer education
- Campaigned for single-stream recycling which resulted in the university saving \$35,000 annually
- Attended student government, staff assembly, and faculty assembly meetings to describe benefits

# FOSSIL RIM WILDLIFE PRESERVE, Glen Rose, TX

May 2016-August 2017

Animal Care Intern

- Monitored general health of 20 animals by performing specific veterinary procedures including monthly worming, fecal sample collection, and administration of medications
- Prepared special diet plans and managed feeding schedules of carnivorous animals
- Compiled monthly diet inventory reports, and maintained daily behavioral records and expenditure forms
- Managed purchasing and ordering of supplies; cleaned, maintained, and stocked food area

#### FORT WORTH ZOO, Fort Worth, TX

August 2015-May 2017

Assistant Teacher

- Taught groups of 10-15 elementary-age children about animal life, development, and environments
- Complied with zoo regulations regarding animal care and feeding

#### **Research Experience**

TEXAS CHRISTIAN UNIVERSITY, Fort Worth, TX

January 2016-Present

"Study of Organisms in Water Samples from the Trinity River System"

- Assist faculty in research regarding water purity by testing pH and mercury levels in Tarrant County
- Examine and analyze microscopic organisms and their chemical toxicity using microscope
- Presented results of study at annual Student Research Symposium in April 2015

## **Activities**

Orientation Leader, January-August 2015

- Mentored incoming students to connect to appropriate resources across campus during transition TCU Chemistry Club, August 2014-Present
- Volunteered at science-education events in the community to encourage pursuit of STEM education TCU Environmental Club, August 2014-May 2015

#### **Additional Experience**

REI, Customer Service Representative, Fort Worth, TX

August 2016-Present

# Sample Pre-Med Resume

# **BETHANY COOK**

5567 Crimson Avenue • Fort Worth, TX 76107 • b.cook@tcu.edu • 817-555-5555

## **EDUCATION**

Texas Christian University, Fort Worth, TX

John V. Roach Honors College | College of Science and Engineering *Bachelor of Science in Biology with a minor in Chemistry*, May 2018 Honors Thesis: "Sequencing DNA to determine causes of Alzheimer's disease"

## RELEVANT EXPERIENCE

# Medical Scribe - Texas Health Hospital System

September 2016 – Present

PhysAssist Scribes

Fort Worth, TX

- Document medical history and physical exam in patients' medical charts in busy ER during weekend nights
- Transcribe lab and radiology test results and track test progress on patient charts to assist physicians
- Participate in consultations with patients, family members, and other medical personnel in order to get correct information recorded on charts

## **Biology Research Assistant**

August 2015 – Present

 $TCU\ Biology\ Department-Einstein\ Research\ Lab$ 

Fort Worth, TX

- Conduct research for Honors Thesis work by collaborating across Biology, Psychology, and Neuroscience
- Assist faculty members with research projects by tracking data and writing analysis reports
- Design new method for collecting DNA data from 50 mice used in a diabetes research trial
- Co-author publication; present research at College of Science & Engineering Student Research Symposium

# **Biology SAT II Tutor**

August 2016 – May 2016

Kaplan Test Prep

Fort Worth, TX

- Tutored 30 high school students to prepare for SAT II in Biology by providing individual tutoring sessions
- Tailored teaching strategies to match students' learning styles which resulted in scores in top 25<sup>th</sup> percentile

## INTERNATIONAL EXPERIENCE

**Healthcare International,** Clinical Volunteer – Guatemala City, Guatemala

June-July 2017

- Volunteered in free clinic in Guatemala; provided Spanish translation services
- Recorded patient medical history and assisted medical professionals in basic procedures

## **VOLUNTEER AND OBSERVATION EXPERIENCE**

Cook Children's Hospital, 20 hours/week NICU volunteer, June 2016-Present Presbyterian Night Shelter, special events volunteer, June 2016

## **Observations:**

- Dr. Mary LoCoco, Harris Methodist Hospital Obstetrics and Gynecology, 40 hours
- Dr. Lewis Dollahite, *Harris Methodist Hospital Orthopedic Surgery*, 35 hours
- Dr. Gary Rutledge, Harris Methodist Hospital General Surgery, 50 hours

## HONORS AND MEMBERSHIPS

- TCU Scholar for 4.0 GPA, 4 semesters
- Alpha Epsilon Delta, TCU Chapter of Pre-Med Honors Society, 2016 Present

#### SKILLS

Medical terminology, medical charting, Texas Health Resources Patient Portal, conversational Spanish

## CAMPUS AND COMMUNITY INVOLVEMENT

- TCU Leadership Center, 2016-Present
- TCU Leaps, Volunteer in community service and engagement projects, 2016-Present

# Sample Chemistry Resume

## **Chris Liu**

1823 Cantey Street, Fort Worth, TX 76129 c.liu@tcu.edu, 817-555-5555

## **Summary**

Analytical chemist with applicable experience in chemical analysis, research, technical writing, and statistical and mathematical analysis.

## **Education**

**Texas Christian University**, Fort Worth, TX *Bachelor of Science in Chemistry*, May 2018 Minor in Mathematics GPA: 3.79

## Lab Work & Research

TCU Chemistry Lab Research Assistant Fort Worth, TX

January 2016-Present

- Study chemical effects of hormone injections in foods containing proteins, lipids, and carbohydrates
- Collaborate with faculty members to run and monitor experiments
- Accurately collect experimental data for analysis and submit information to faculty for publication

Student Researcher: "Mathematical Analysis of Molecular Development," February 2016-December 2018

- Studied developmental growth of food molecules and created an algorithm to identify and track developmental patterns
- Determined experimental objective and research procedure for data collection and analysis
- Conducted research in conjunction with 2 peers and compiled results into technical paper

## **Skills**

Analytical Skills: UV-Vis, X-Ray Crystallography, Mass Spectrometry

Synthesis Areas: Experience with organometallic techniques and organic chemistry of cyclic azides/amines

## **Publications & Presentations**

Burton, N., Coffey, M., <u>Liu, C.</u>, Hwang, G. "Reactivity and Effects of Enzymes in Organic Foods," *Chemical Review*, Submitted 5/2017.

<u>Liu, C.</u>, Hwang, G., Prahdma, H. "Mathematical Analysis of Molecular Development," *TCU College of Science and Engineering Research Endeavors*, 2016.

- Presented at College of Science and Engineering Student Research Symposium
- TCU Student Research Grant Recipient, \$1500

## Leadership

## American Chemical Society, TCU Student Chapter

Fort Worth, TX

August 2017-Present

• Managed weekly meetings of 15-20 members and organized monthly agendas

• Planned 4 outreach events including a performance entitled "Science is the Future" to 50 4<sup>th</sup> grade students at Martin Luther King Elementary School

## **Texas Christian University**

Fort Worth, TX

Chemistry Teaching Assistant

January 2016-Present

- Prepared and taught lessons in inorganic chemistry for 2 sections of undergraduate sophomores
- Monitored and led students in laboratory experiments to supplement class lectures

## **Memberships & Honors**

Chapter President

- National Society of Collegiate Scholars, 2016 Present
- American Chemical Society, 2016 Present

# Sample Computer Science Resume

# **CARLOS GONZALEZ**

cgonzalez@hotmail.com • 817-555-555 4350 Rice Mine Road, Fort Worth, TX 76132 www.professionalwebsite.portfolio.com

#### **EDUCATION**

Major GPA: 3.4

Texas Christian University, Fort Worth, TX

Bachelor of Science in Computer Science, May 2018

# COMPUTER SKILLS

Languages: Java, C++, SQL, HTML, JavaScript, FORTRAN, ADA, DHTML Operating Environments: Windows XP, DOS, UNIX, Macintosh

Overall GPA: 3.7

Business Tools: Statistical Analysis, PSpice, Microsoft User Certification (Word, Excel, PowerPoint)

## **EXPERIENCE**

## UX and Web Design Intern, Dropbox, Austin, TX

May 2018 - Present

- Designed and programmed new intuitive layout to be tested in focus groups
- Implemented streamlined user capabilities in collaboration with Storage team
- Wrote and presented proposal to UX and Design team

#### **Security Intern**, *Texas Bank*, Fort Worth, TX

May - August 2017

- Recommended new security features to protect banking customers' account information
- Coded protective firewalls and worked with software developers to maintain user-friendly interface
- Researched and designed methods to circumvent firewalls to prevent hacking

## Helpdesk Assistant, TCU Information Technology, Fort Worth, TX

August - September 2017

- Respond to faculty and staff inquiries; troubleshoot technical issues and install new programs
- Upgrade equipment and operating systems

## **PROJECTS**

## Senior Design Team Member, Mouser Electronics, Fort Worth, TX

August 2016 - Present

- Collaborate with a team of 5 to design and program a computer security system used to encrypt personal user information in online databases
- Received Honorable Mention at the North Texas Computer Systems Design Convention

## **Independent Developer,** Fort Worth, TX

June 2016 - Present

- Develop mobile application to track company metrics and send reports to staff
- Design and create analysis software to track Fantasy Football statistics and algorithms

## **RELEVANT COURSEWORK**

Programming Language Concepts

Advanced Systems Programming

Operating Systems

Database Systems

Compiler Theory

## HONORS, MEMBERSHIPS, AND ACTIVITIES

Computer Science Society

Upsilon Pi Epsilon, International Honors Society for the Computing

Sciences Association of Computing Machinery

TCU Leaps Leader

2017 - Present
2016 - Present
2015

# Sample Engineering Resume

## ETHAN M. ANDERSON

8922 Sandage, Fort Worth, TX 76109 e.m.anderson@tcu.edu 817-555-5555

## **EDUCATION**

Texas Christian University, Fort Worth, TX

Bachelor of Science in Mechanical Engineering, May 2018

Minor: Mathematics Overall GPA: 3.42

## **EXPERIENCE**

## Manufacturing Intern

May 2016 - Present

James Joyce Architectural Firm, Fort Worth, TX

- Monitored scrap productions rate, targeted sources of scrap, and recommended recycling method
- Developed a 10-point procedural checklist to reduce downtime on automated assembly line by 17%
- Designed and ordered 30 items of new test equipment for assembly line that detect defective parts

HVAC Intern May 2016 - August 2017

R.J. Coleman, Inc., Arlington, TX

- Aided 3 engineers to develop and test air flow efficiency in newly constructed buildings
- Conducted 3-month research project on effectiveness of various products to determine most costeffective materials

## **Computer Lab Monitor**

August 2016 - May 2017

Texas Christian University, Fort Worth, TX

- Resolved computer issues and responded to student questions during 4-hour shifts
- Managed opening and closing of computer lab with 50 stations and 15 printers
- Maintained computer equipment by conducting checks and installing updates

## **PROJECTS**

Mechanical Team Lead, Local Company and TCU Engineering Department August 2015 - Present

- Collaborate with 8 students to design, test, and manufacture a new airbag deployment system
- Coordinate schedules and assign design and development tasks to group members
- Render design drawings and drafts, construct prototypes, and analyze results of tests

**Car Designer,** TCU Engineering Department – Issues in Engineering

April 2017

- Designed and built pinewood derby car to demonstrate and test issues in aerodynamics and speed
- Tested in wind tunnel and made adjustments prior to race

## **SKILLS**

Advanced AutoCAD/Inventor, Proficient in PSPICE, Beginner MATLAB Comfortable with OS and Linux/Unix Programming and MS Excel

# **RELEVANT COURSES**

Fluid Mechanics Advanced Engineering Vibrations
Advanced Engineering Dynamics Optical Fiber Communication

## **ACTIVITIES & MEMBERSHIPS**

ASME - American Society of Mechanical Engineers, 2014-Present
The College of Science and Engineering Student Advisory Board, 2015-Present

Student Branch of ASHRAE - American Society of Heating, Refrigerating, and Air-Conditioning Engineers TCU Energy Club, 2013-2014

# Sample Environmental Science Resume

## LIVI N. GREEN

1520 Merida Ave. | Fort Worth, Texas 76109 | l.n.green@tcu.edu | 817-555-5555 (cell) | www.personalwebsite.com

# PROFESSIONAL PROFILE

Spanish-speaking environmental scientist with experience and interest in the fields of hydrology, environmental compliance, hazardous waste management, and storm water management. Skills and qualifications include:

- 40-hour HAZWOPER certified
- Technical proficiencies including GIS, GPS, digital mapping, computer modeling, and remote sensing
- Applied coursework in *Phase I ESAs* and *Compliance Audits* with hands-on experience in *environmental site* assessments and writing technical reports
- 3 years of experience in customer service, training, and administrative management

#### **EDUCATION**

Texas Christian University, **Bachelor of Science in Environmental Science**, May 2018 Minors in Applied Geoscience and Biology

**GPA 3.6** 

Study Abroad: TCU Tropical Research Station – San Ramon, Costa Rica, February – June 2018 Research Project: "Tropical Plants and Indigenous Animals in the Costa Rican Rainforest," 2017

#### **EXPERIENCE**

Field Technician, Stephens and Associates Environmental Consultants, Austin, TX

May 2017 – Present

- Collected water samples from Town Lake and documented readings using Chemstation Chromatography
- Operated and maintained remediation systems at research stations
- Participated with 3-member team to research and analyze soil and water quality findings in surrounding areas

**Research Intern,** *National Health and Environmental Research Lab,* Duluth, MN

May 2016 – August 2017

- Conducted testing for chemical metabolism and the toxic effects on fish in Lake Superior per EPA protocols
- Developed organizational system to compile research information and interpreted data in technical reports

#### **PROJECTS**

Student Compliance Auditor, TCU Department of Environmental Science

March 2016 - Present

- Conduct a mock environmental compliance audit with local manufacturing company
- Inspect facilities and note adherence to environmental regulations
- Evaluate hazardous waste disposal methods and document findings in written technical report

GIS Technician, School of Geology, Energy and the Environment - GIS II

January 2016 - May 2017

- Created detailed maps of university campus and surrounding areas
- Mapped elevations and pinpointed storm water management problem-areas

## Storm Water Student Consultant, City of Bedford & TCU

August 2016 - October 2017

- Designed plan for conservation and recycling of storm water resources during extreme drought
- Completed project under 60-day deadline and successfully stabilized water resources for residents
- Presented findings and suggestions to City Council for vote and approval
- Awarded TCEQ EnviroMentor of the Year, 2014

## RELEVANT COURSEWORK

**Environmental Compliance:** Gained understanding of regulations including CAA, CWA, RCRA, CERCLA, OSHA, OPA, and NEPA through conducting a thorough compliance audit of a local Fort Worth company

**Geographic Information System:** Learned techniques of using spatial data, mapping, data representation, and creating and maintaining geodatabases using ESRI-ArcGIS

**Environmental Impact:** Performed research and conducted TCEQ report on the contamination of arsenic in groundwater and its effect on drinking water supplies from local aquifers

## ADDITIONAL EXPERIENCE

**Research Presenter,** *TCU Student Research Symposium,* Fort Worth, TX, April 2016, 2018 **Assistant Manager**, *Backwoods*, Fort Worth, TX, August 2016 - May 2017

# Sample Geology Resume

# **GREG ALVAREZ**

3234 Lubbock Street • Fort Worth, TX 76109 • g.alvarez@tcu.edu • 817-555-5555

#### **EDUCATION**

Texas Christian University, Fort Worth, TX

Bachelor of Science in Geology with a minor in Applied Geosciences, December

Overall GPA: 3.7

2018

TCU Geology in Scotland: Edinburgh, UK – studied the influences of early geologic thinkers, May – June 2016

## FIELD EXPERIENCE

Colorado Field Camp - Oklahoma State University, Cañon City Embayment, CO

July – August 2017

- Took soil and core samples from various geological formations
- Maintained field journal to track daily activities and findings
- Analyzed samples in lab and wrote up findings and proposals

## RELEVANT EXPERIENCE

# **TCU Geology Department**

Fort Worth, TX

August 2016 – Present

- Analyzed rock samples from Barnett Shale for use in departmental research study
- Catalogued detailed records of mineralogy analysis through daily reports
- Researched impact of hydraulic fracturing on local water supply and seismic events

# **Ferguson Enterprises**

Midland, TX

Petroleum Internship

Research Assistant

May – August 2017

- Worked with drill site managers, geologists and engineers on oil rigs in the field
- Distributed pipe and fittings to 3 locations around the area
- Monitored waster and water disposal practices to ensure regulatory compliance
- Communicated with customers to pass along drill site information and answer questions

## **SKILLS**

- Proficient in mapping capabilities through GIS, Petra
- Expert in GPS, Seismic Micro-Technology Workstation Software, Kingdom Geophysical Software

#### **LEADERSHIP**

Sigma Omega Fraternity, President (August 2015-Present), Treasurer (August 2016-May 2018)

- Managed student organization member behavior and directed organizational involvement
- Collaborated with university administrators to ensure adherence to protocols
- Tracked \$15,000 annual budget and maintained organized files of spending and member dues
- Attended national leadership development training to learn about management and leadership skills

## RELEVANT COURSEWORK

Well Log Interpretation Seismic Stratigraphy Prospect to Production Seismic Interpretation Petroleum Engineering Optical Mineralogy

## SITE VISITS

- Chesapeake Drill Site Review, Barnett Shale, TX, November 2017
- Oklahoma Geological Field Sampling, Arbuckle Mountains, OK, August 2016
- Big Bend Geological Work Study, Big Bend National Park, TX, December 2015 January 2016

## **MEMBERSHIPS**

American Association of Petroleum Geologists, 2016 – Present TCU Geology Club, 2017 – Present TCU Energy Club, 2016 – 2018

# **Sample Mathematics Resume**

## MINH TRAN

m.tran@tcu.edu / 817-555-5555 TCU Box 2906332 / Fort Worth, TX 76130

#### **EDUCATION**

Texas Christian University, Fort Worth, TX

Bachelor of Science in Mathematics with an Actuarial Concentration, May 2017

Minor: General Business Overall GPA: 3.76

#### **EXAMS AND TRAINING**

Exam P/1 (Probability), Passed, December 2017 Exam FM/2 (Financial Mathematics), Sitting, April 2018 SOA VEE Credits: Economics, Corporate Finance

# RELEVANT EXPERIENCE

**Actuarial Intern** June 2016 - Present Fort Worth, TX Mercer HR Consulting

- Complete benefit calculations while assisting actuarial associates with client work
- Review plan documents, produce benefit statements for 515 company employees, and file government reports before deadlines
- Examine and verify retirement trust financial statements for 50 clients
- Develop liabilities using actuarial principles and Mercer's Global Retirement System (GRS)

**Treasurer** August 2016-Present Fort Worth, TX

Student Government Association

- Balance the budget and manage spending for various student events and initiatives
- Meet with university administration to present proposals regarding changes to campus policy
- Collaborate with SGA officers to determine spending priorities for calendar year

**Math Tutor** August 2016 - May 2018

*TCU Athletic Department*, Fort Worth, TX

- Tutored 41 student athletes to improve math skills for introductory and mid-level mathematical courses
- Created individualized lesson and study plans for weekly one-on-one appointments
- Developed "Math FAQ" handout now used widely by TCU Athletics Academic Services

## **SKILLS**

Microsoft Office Certified (Access, Excel, Word, PowerPoint) Basic skills in Java, C++ Proficient in QuickBooks

## **RELEVANT COURSEWORK**

**Probability and Statistics Econometrics** Financial Management Interest Theory I & II **Principles of Financial Accounting** Microeconomics **Actuarial Mathematics** Macroeconomics **Principles of Managerial Accounting** 

## **HONORS & MEMBERSHIPS**

Society of Actuaries, 2016-Present TCU Ambassadors, August 2016 - May 2018 Pi Mu Epsilon Math Honorary Society, 2017 - Present

TCU Scholar, 4 semesters TCU Math Club, August 2017-Present Alpha Phi Omega, service fraternity, 2017-Present

# Sample Physics/Astronomy Resume

**PAUL ZHANG** 

1921 Vista View, Fort Worth, TX 76129 paul.zhang@tcu.edu, 817-555-5555

## **Education**

TEXAS CHRISTIAN UNIVERSITY, Fort Worth, TX

Bachelor of Science in Physics and Astronomy, May 2018

Minor in Math GPA 3.8

## **Relevant Experience**

TCU PHYSICS LAB, Research Assistant, Fort Worth, TX

August 2016-Present

- Collaborate with TCU faculty to utilize multi-wavelength observations (X-ray through mid-infrared) in the investigation of local stellar populations
- Study star clusters and giant stars to further understanding of the structure and evolution—chemical and dynamical—of the Milky Way and other Local Group galaxies
- Analyze the role of environment and dark matter content of Milky Way satellite galaxies

NATIONAL SCIENCE FOUNDATION, Summer Research Intern, Albuquerque, NM

May 2016-August 2016

- Conducted studies alongside NSF scientists regarding the physics, chemistry, and dynamics of Earth's atmosphere and near space environment
- Researched climate processes and variations and generated a comparison analysis
- Analyzed the natural global cycles of gases and particles in earth's atmosphere

## Lab and Research Experience

"Quantitative Analysis of Meteorite Particles," Texas Christian University

January 2017-Present

 Observed the composition, structure, and properties of meteorite particles. Analyzed the resulting implications using statistical package software

"Analysis and Interpretation of Quantum Physics," University of Texas

May-August 2017

 Studied the micro-level actions of particles and developed hypotheses and analysis according to quantum physics principles. Presented to peers for review after completion of the study

"Effects of Addiction on the Human Neurosystem," UT Southwestern

May-August 2016

Participated in analysis of data relating to studies of neurosystems of recovering drug addicts

#### **Publications**

Borne, G., Crum, M., <u>Zhang, P.</u>, Hernandez, G. "Quantitative Analysis of Meteorite Particles," *American Physics Review*, Submitted 5/2017.

Presented at College of Science and Engineering Student Research Symposium, April 2017

<u>Zhang, P.</u>, Griffin, G., Preethi, H. "Analysis and Interpretation of Quantum Physics," *University of Texas Science Magazine*, 2016.

National Science Foundation Student Summer Research Grant Recipient, \$1500

## **Skills**

Languages: Mandarin Chinese fluency

Computer Skills: IDL, Fortran, C, C++, Linux, Verilog, ROOT, Maple, Mathematica, Xilinx, Geant4

Laboratory Tools: Oscilloscope, Microscope, Electroscope

## **Honors and Awards**

Honorable Mention for Outstanding Research, TCU Student Research Symposium, March 2018 1st Place for Freshman Group Project, TCU Student Research Symposium, March 2018

## **Professional Memberships**

American Physics Society, 2016 - Present American Astronomical Society, 2016 - Present

# Sample Dietetics Resume

## NATASHA DAVY

1551 S. Losing Weight Dr. • Fort Worth, TX 76179 (817) 555-5555 • n.davy@tcu.edu

#### **SUMMARY**

Bilingual Spanish dietetics graduate with hands-on research and clinical nutrition experience seeking position in nutritional counseling. Flexible team-player with expertise in:

Food Preparation

• Community Outreach

**Nutrition Education** 

Clinical Nutrition

Food Management

Nutrient Research

## **EDUCATION**

Texas Christian University, Fort Worth, TX

Bachelor of Science in Nutritional Sciences (Coordinated Program in Dietetics), May 2018

R.D. eligible May 2018

## **SKILLS & CERTIFICATIONS**

- Fluent in English and Spanish
- FoodWorks, SPSS (Statistical Package for the Social Sciences), Nutrient Analysis software
- Texas Food Handler's License and ServSafe Certification, expire July 2017

## RELEVANT EXPERIENCE

Clinical Dietetic Intern - Children's Hospital, Fort Worth, TX

April 2016 - Present

- Researched supplements and dietary aids and created informational pamphlet displayed in waiting rooms
- Shadowed dietitian and observed counseling sessions involving teenage patients with eating disorders

## Food Management Intern – Harris Southwest Hospital, Fort Worth, TX

January 2016-April 2017

- Cared for patients suffering a variety of illnesses, ranging from diabetes to cancer in a 350-bed hospital
- Evaluated existing menu and made recommendations for increasing fiber and protein in meal planning
- Streamlined food management and food service process by creating online tracking system for all meal delivery

## **Dietetic Education Intern -** Glen Haven Nursing Home, Arlington, TX

September 2015 - May 2017

- Performed diet histories and nutritional assessment for 50+ dialysis patients
- Analyzed chart information and designed a menu targeting specific dietary needs
- Prepared documentation about patients' health and dietary status for visiting nutritionists

Nutrition Education Intern - Moncrief Cancer Institute & UNT Health Science Center, Fort Worth, TX 2016-Present

- Demonstrate healthy menu planning for medical students to communicate to patients
- Teach elements of balanced diets and ways to cook healthy meals on a minimal budget

# ADDITIONAL SUPERVISED PRACTICUM

Women, Infants and Children – Dietetic Intern, Arlington, TX Birdville ISD – Dietetic Intern, Birdville, TX **REAL School Gardens** – *Dietetic Intern*, Fort Worth, TX Meals on Wheels - Dietetic Intern, Fort Worth, TX

January-April 2018 January-April 2018

October-December 2017

September - October 2014, April-May 2016

## RESEARCH EXPERIENCE

"Effects of Eating Disorders on Pre-Adolescent Girls," September 2016 -March 2017

- Conducted weight, bone, body mass, and muscle mass tests on subjects to determine the most harmful age at which eating disorders affect growth development
- Received Honorable Mention at the TCU Student Research Symposium, March 2017

## **MEMBERSHIPS**

TCU Student Nutrition and Dietetics Association Fort Worth Academy of Nutrition and Dietetics

Academy of Nutrition and Dietetics TCU Community Garden

# Sample Nutrition Resume

# **Nadia Patel**

428 College Drive Fort Worth, TX 75000 n.patel@tcu.edu (972) 555-5555

**Education** Texas Christian University, Fort Worth, Texas

Bachelor of Science in Nutrition, December 2018

Overall GPA: 3.5 Major GPA: 3.7

**Certifications** Texas Food Handler's License, Expires 2018

ServSafe Certification, Expires 2018

CPR and First Aid Certification, Expires 2018

**Experience** Heartland Community Hospital – Fort Worth, TX

Dietary Technician January 2016 - Present

Planned menu selection for cardiovascular patients

- Monitored and logged temperatures for food, refrigerator and dish machine records
- Conducted inventory and ordered food products as needed
- Coordinated activities for 15 food service employees

Central Market – Fort Worth, TX

Prepared Foods Chef, Bakery

August 2016 - Present

- Sell products while provided friendly service to customers
- Prepare meals and single-serving foods to be sold in bakery and in prepared foods case
- Promoted to Prepared Foods after demonstrating service and dependability skills in Bakery

Sodexo/Market Square – Fort Worth, TX

**Quantity Foods Intern** 

August 2016 - December 2017

- Prepared food for breakfast and lunch in cafeteria serving 2,000+ daily
- Conducted hot prep, cold prep, and bakery alongside kitchen staff

Whispering Pines Children's Home - Canton, TX

Sous Chef May - August 2016, 2017

- Consulted with Executive Chef and 5 kitchen staff on weekly food preparation
- Planned menus and prepared meals for 200 campers in conjunction with the head cook
- Purchased food and supplies

**Leadership** TCU Wellness Gold – Nutrition Educator

August 2016-Present

• Taught cooking classes to TCU faculty and staff in efforts to increase wellness of employees

Student Nutrition and Dietetic Association – Newsletter Contributor 2016-Present

Wrote articles about healthy living and wellness; included personally-developed recipes
 TCU Department of Nutritional Sciences – Event Planning Volunteer
 Sept. 2016 - May 2017

Coordinated 5-10 events, including menu planning and catering per year for campus groups

**Skills** Social media (Pinterest, Facebook, Twitter, Instagram, LinkedIn), Adobe InDesign, iMovie editing

Activities Delta Delta Sorority: Community Health Chair, August 2016 - Present

College of Science and Engineering Student Advisory Board: Nutrition Representative, 2017

**TCU Leaps** - day of community service, 4 times

OtherChipotle, Team Member, Arlington, TXAugust 2016 - August 2017ExperienceLululemon, Sales Associate, Fort Worth, TXMay 2015 - July 2017

# Sample Psychology/Child Development Resume

# Cynthia Ali

579 Waits • Fort Worth, TX 76109 • 817-555-5555 • c.ali@tcu.edu

#### **EDUCATION**

Texas Christian University – Fort Worth, TX

Bachelor of Science in Child Development, May 2018

Minor: Spanish

#### STUDY ABROAD

TCU in Madrid - Madrid, Spain, Summer 2017

- Provided care for 2 and 4-year olds as an au pair with a Spanish family
- Volunteered in Spanish-language day care and worked with 15 toddlers

## **EXPERIENCE**

## Child Life Volunteer, Cook Children's Hospital

Fort Worth, TX – September 2017-Present

- Engage families and siblings of children in hospitals in activities
- Shadow Child Life Specialists and volunteer in music therapy and art therapy rooms
- Build relationships with patients through interactions and conversations during treatments

## **Volunteer Services Intern,** *Gladney Center for Adoption*

Fort Worth, TX - May-August 2016

- Assisted in volunteer recruitment through networking and representing the Center at community awareness events
- Participated in the volunteer interview and selection process for 20 new volunteers
- Maintained case files according to licensing standards and wrote bi-monthly reports on volunteer programs to be given to the Director of the Center

# Camp Counselor, Cancer Kids Camp

Keller, TX - May-August 2015

- Paired with 7-year old girl diagnosed with leukemia throughout duration of camp experience
- Assisted camper with activities and support during medical treatments
- Communicated behavioral problems and health concerns to parents and caretakers

## **CERTIFICATIONS**

Trained in **Trust-Based Relational Interventions (TBRI®)** for working with children from hard places, 2017 **Child Abuse Recognition and Prevention Certificate**, Wings of Hope Inc., 2016

# RELEVANT COURSEWORK

Vulnerable Child: Theory & Practice Developmental Psychology
Child Welfare Cognitive Development

# **HONORS & AWARDS**

TCU Scholar, 3 semesters

National Society of Collegiate Scholars

Dean's Honor List, 3 semesters

Psi Chi Psychology Honors Society

## **CAMPUS AND COMMUNITY INVOLVEMENT**

Omega Kappa Alpha: *Panhellenic Delegate (Sept. 2016-Present), Vice-President (Sept. 2016 - May 2017)* TCU Leaps, Campus-wide Day of Community Service Habitat for Humanity

# ANATOMY OF A COVER LETTER

Date

Contact Person's First and Last Name, Title
Organization or Company Name
Address Line 1
City, State Zip Code

Dear Mr./Ms. Last Name:

Use the same heading from your resume on your cover letter

Header (optional)

Greeting

First Paragraph Why are you writing? Begin by stating where or how you found out about the job. If you have had a prior conversation with someone in the organization who requested your resume, refer to the person's full name and that you are following up from that conversation. If you have been referred by someone, include that person's name. Mention your specific interest in the position and organization. Be clear and concise.

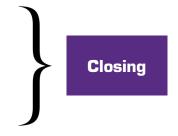
Middle Paragraph What do you have to offer? [1-2 concise paragraphs] You are interpreting your resume in this paragraph—do not just repeat what is on the resume. Get to the point by highlighting 1-2 relevant skills and quantifiable accomplishments. Make connections between your abilities and the employer's needs based on what you have researched about the position, company and industry. Support each statement with evidence or quantifiable result that demonstrates your fit and passion. Convince the reader that they should grant you an interview based on what you can do. This may be the longest paragraph, but never more than 10-12 lines of text.

Final Paragraph What is your call to action or next step? Refer to it in this paragraph. Demonstrate professional courtesy by thanking the reader for reviewing your credentials. End with no more than 2-4 lines of text.

Sincerely,

<Signature>

Your typed name here



# **QUICK TIPS**



Research and demonstrate your knowledge of the organization in the context of why you are qualified.



Interpret your resume.
Communicate how you can contribute to the organization in this role.



Proofread! Proofread! Proofread! Spelling errors and bad grammar or syntax leave a negative impression.

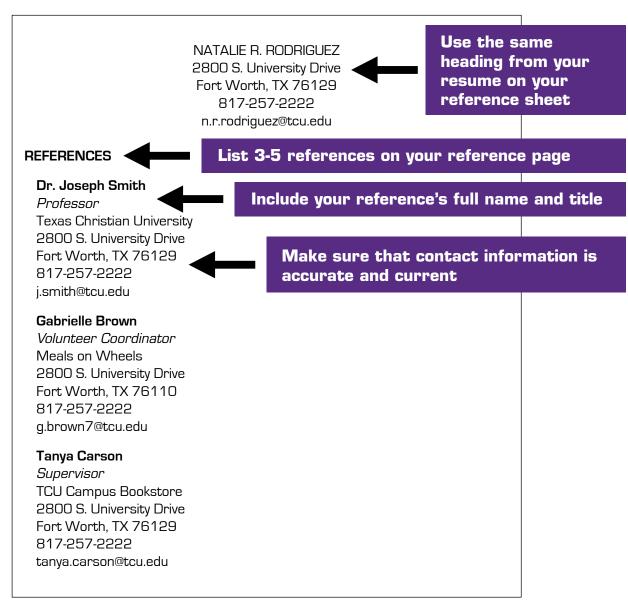
# REFERENCE PAGE

WHO YOU CAN ASK: Professors, Former Employers, Academic Advisors, Volunteer Supervisors, Or Other Professional Acquaintances.



Be sure to ASK YOUR REFERENCES
PERMISSION IN PERSON PRIOR TO USING
THEM in your application process and send them
a copy of your resume and job description.

# Sample Reference Sheet



Keep in contact with your references for future opportunities.